

FRUIT & VEG BOXES

WEEK 1

£13.50	No/Weight
Potatoes - Dirty	1.5
Potatoes - Mids	1
Onions	0.5
Carrots	1
<i>Swede*</i>	1
<i>Broccoli*</i>	2
<i>Cauliflower*</i>	1
<i>Leeks*</i>	0.5
<i>Cabbage*</i>	1
<i>Mixed Peppers*</i>	1
Mushrooms	1
<i>Fine Beans*</i>	1
Cucumber	1
Tomatoes	0.5
<i>Lettuce - Iceberg*</i>	1
<i>Lettuce - Little Gem*</i>	1
Apples - Mixed	8
Satsumas	8
Grapes	1
Total Pieces	13
Total Cost of Box	£13.50

WEEK 2

£13.50	No/Weight
Potatoes - Dirty	1.5
Potatoes - Mids	1
Onions	0.5
Carrots	1
<i>Swede*</i>	1
<i>Broccoli*</i>	2
<i>Cauliflower*</i>	1
<i>Leeks*</i>	0.5
<i>Cabbage*</i>	1
<i>Mixed Peppers*</i>	1
Mushrooms	1
<i>Fine Beans*</i>	1
Cucumber	1
Tomatoes	0.5
<i>Lettuce - Iceberg*</i>	1
<i>Lettuce - Little Gem*</i>	1
Apples - Mixed	8
Satsumas	8
Grapes	1
Total Pieces	13
Total Cost of Box	£13.50

WEEK 3

£13.50	No/Weight
Potatoes - Dirty	1.5
Potatoes - Mids	1
Onions	0.5
Carrots	1
<i>Swede*</i>	1
<i>Broccoli*</i>	2
<i>Cauliflower*</i>	1
<i>Leeks*</i>	0.5
<i>Cabbage*</i>	1
<i>Mixed Peppers*</i>	1
Mushrooms	1
<i>Fine Beans*</i>	2
Cucumber	1
Tomatoes	0.5
<i>Lettuce - Iceberg*</i>	1
<i>Lettuce - Little Gem*</i>	1
Apples - Mixed	8
Satsumas	8
Grapes	1
Total Pieces	13
Total Cost of Box	£13.50

WEEK 4

£13.50	No/Weight
Potatoes - Dirty	1.5
Potatoes - Mids	1
Onions	0.5
Carrots	1
<i>Swede*</i>	1
<i>Broccoli*</i>	2
<i>Cauliflower*</i>	1
<i>Leeks*</i>	0.5
<i>Cabbage*</i>	1
<i>Mixed Peppers*</i>	1
Mushrooms	1
<i>Fine Beans*</i>	2
Cucumber	1
Tomatoes	0.5
<i>Lettuce - Iceberg*</i>	1
<i>Lettuce - Little Gem*</i>	1
Apples - Mixed	8
Satsumas	8
Grapes	1
Total Pieces	13
Total Cost of Box	£13.50

SALAD BOX

£10.99 Large Box	No/Weight
Lettuce - Little Gem	1
Lettuce - Iceberg	1
Cucumber	1
Tomatoes	1
Spring Onions	1
Single Pepper	1
Celery	1
Free Range Eggs 1/2 Dozen	1
Carrots	0.5
Mid Potatoes (Salad)	1
Baking Potatoes	4
Total Pieces	14
Total Cost of Box	£10.99

SALAD BOX

£5.99 - Small Box	No/Weight
Lettuce - Little Gem*	0
*	1
Cucumber	0.5
Tomatoes	0.5
Spring Onions	1
Single Pepper	1
Free Range Eggs 1/2 Dozen	1
Carrots	0.25
Mid Potatoes (Salad)	0.5
Baking Potatoes	2
Total Pieces	11
Total Cost of Box	£5.99

* ROTATE LETTUCES

WEEK 1

£10	No/Weight
Potatoes - Dirty	1
Potatoes - Mids	0.5
Onions	0.25
Carrots	0.5
<i>Swede*</i>	0.5
<i>Broccoli*</i>	1
<i>Cauliflower*</i>	1
<i>Leeks*</i>	0.5
<i>Cabbage*</i>	0.5
<i>Mixed Peppers*</i>	1
Mushrooms	1
<i>Fine Beans*</i>	1
Cucumber	0.5
Tomatoes	0.25
<i>Lettuce - Iceberg*</i>	1
<i>Lettuce - Little Gem*</i>	1
Apples - Mixed	6
Satsumas	4
Grapes	1
Total Pieces	13
Total Cost of Box	£10

WEEK 2

£10	No/Weight
Potatoes - Dirty	1
Potatoes - Mids	0.5
Onions	0.25
Carrots	0.5
<i>Swede*</i>	0.5
<i>Broccoli*</i>	1
<i>Cauliflower*</i>	1
<i>Leeks*</i>	0.5
<i>Cabbage*</i>	0.5
<i>Mixed Peppers*</i>	1
Mushrooms	1
<i>Fine Beans*</i>	1
Cucumber	0.5
Tomatoes	0.5
<i>Lettuce - Iceberg*</i>	1
<i>Lettuce - Little Gem*</i>	1
Apples - Mixed	6
Satsumas	4
Grapes	1
Total Pieces	13
Total Cost of Box	£10

WEEK 3

£10	No/Weight
Potatoes - Dirty	1
Potatoes - Mids	0.5
Onions	0.25
Carrots	0.5
<i>Swede*</i>	0.5
<i>Broccoli*</i>	1
<i>Cauliflower*</i>	1
<i>Leeks*</i>	0.5
<i>Cabbage*</i>	0.5
<i>Peppers</i>	1
Mushrooms	1
<i>Fine Beans*</i>	1
Cucumber	0.5
Tomatoes	0.25
<i>Lettuce - Iceberg*</i>	1
<i>Lettuce - Little Gem*</i>	1
Apples - Mixed	6
Satsumas	4
Grapes	1
Total Pieces	13
Total Cost of Box	£10

WEEK 4

£10	No/Weight
Potatoes - Dirty	1
Potatoes - Mids	0.5
Onions	0.25
Carrots	0.5
<i>Swede*</i>	0.5
<i>Broccoli*</i>	1
<i>Cauliflower*</i>	1
<i>Leeks*</i>	0.5
<i>Cabbage*</i>	0.5
<i>Peppers</i>	1
Mushrooms	1
<i>Fine Beans*</i>	1
Cucumber	0.5
Tomatoes	0.25
<i>Lettuce - Iceberg*</i>	1
<i>Lettuce - Little Gem*</i>	1
Apples - Mixed	6
Satsumas	4
Grapes	1
Total Pieces	13
Total Cost of Box	£10