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COPY

FRUIT	Unit			
Apples Granny Smith	each			
Apples Green	each			
Apples Red	each			
Bananas	kg			
Bananas	each			
Blackberries	punnet			
Blueberries	punnet			
Cherries	kg			
Clementines	each			
Grapefruit white	each			
Grapefruit red	each			
Grapes Green	500gr			
Grapes red	500gr			
Kiwi	each			
Lemon	each			
Lime	each			
Lychee	each			
Mango	each			
Melon - Honeydew	each			
Melon - Galia	each			
Melon - Water	each			
Nectarines	each			
Orange	each			
Passion fruit	each			
Peach	each			
Pear	each			
Pineapple	each			
Plum	each			
Raspberries	punnet			
Starfruit	each			
Strawberries (punnet)	punnet			
Avocado	each			
Apples -cooking	kg			
TOTAL FRUIT				

VEGETABLES	Unit			
Asparagus	each			
Aubergine	each			
Babycorn	each			
Beansprouts	pkt			
Beetroot	kg			
Butternut Squash	each			
Broccoli	kg			
Brussel Sprouts	kg			
Cabbage	each			
Cabbage Green	each			
Carrot	kg			
Cauliflower	each			
Celery	each			
Chilli Pepper Green	250g			
Chilli Pepper Red	250g			
Courgette	kg			
Cucumber	each			
Garlic	bulb			
Green Beans	pkt			
Leeks	kg			
Lettuce Endive	each			
Lettuce Iceberg	each			
Lettuce Cos	each			
Lettuce Lollo Rosso	each			
Lettuce Radicchio	each			
Lettuce - Little Gem	each			
Mixed Leaves (120g)	Bag			
Mixed Leaves (200g)	Bag			
Mangetout	pkt			
Mushroom	kg			
Onion - Large	kg			
Onion - Medium	kg			
Onion - Red	kg			
Pak choi	kg			
Parsnips	kg			
Peppers - GREEN	each			
Peppers - RED	each			
Peppers - YELLOW	each			
Potato - Baker	kg			
Potato - Brushed	kg			
Potato - Mids	kg			
Potato - Sweet	kg			
Spring onions	bunch			
Shallots	kg			
Tomato	kg			
Tomato Plum (Vine)	kg			
Tomato cherry	punnet			
Turnip	kg			

HERBS & EGGS				
Herbs - Chives	punnet			
Herbs - Basil	punnet			
Herbs - Coriander	punnet			
Herbs - Cress (mustard)	punnet			
Herbs - Dill	punnet			
Herbs - Mint	punnet			
Herbs - Parsley	Bag			
Herbs - Rocket	Bag			
Herbs - Rosemary	punnet			
Herbs - Spinach	Bag			
Herbs - Thyme	punnet			
Herbs - Tarragon	punnet			
Eggs (Bulk) 5Doz	1			
Eggs (Prepack) ½ Doz	6			

DRIED PRODUCTS										
Dried Goods	Size	Cost		Size	Cost			Size	Cost	
Broth mix	125g	£0.12		250g	£0.24			500g	£0.48	
Couscous	125g	£0.41		250g	£0.83			500g	£1.66	
Lentils Red	125g	£0.24		250g	£0.54			500g	£1.08	
Muesli	125g	£0.18		250g	£0.36			500g	£0.73	
Mixed Veg	125g	£0.55		250g	£1.10			500g	£2.20	
Oatmeal med	125g	£0.09		250g	£0.19			500g	£0.38	
Oatmeal - pinhead	125g	£0.10		250g	£0.19			500g	£0.39	
Onions - kibbled	125g	£0.47		250g	£0.93			500g	£1.87	
Peas - Yellow Split	125g	£0.11		250g	£0.22			500g	£0.44	
Porridge Oats	125g	£0.09		250g	£0.19			500g	£0.38	
Raisins	125g	£0.26		250g	£0.53			500g	£1.05	
Rice - pudding	125g	£0.16		250g	£0.33			500g	£0.66	
Rice - White	125g	£0.10		250g	£0.20			500g	£0.40	
Rice - Basmati	125g	£0.31		250g	£0.61			500g	£1.22	
Ruskoline	125g	£0.15		250g	£0.30			500g	£0.60	
Sultanas	125g	£0.26		250g	£0.52			500g	£1.03	

HEALTHY SNACKS				
Drinks & Snacks	Pack size	Cost		
Orange Juice	24	£7.00		
Apple Juice	24	£7.00		
Muesli Bar: Apricot & Honey	25g	£0.35		
Muesli Bar: Banana & Pear	25g	£0.35		
Muesli Bar: B/Currant & Apple	25g	£0.35		
Fruit Bars	20g	£0.25		
Dates	50gm	£0.10		
Apricots	50gm	£0.25		
Banana chips	30gm	£0.10		
Raisins (Bag)	25g	£0.10		
Yogurt Raisins	30gm	£0.20		
Yogurt Raisins	125g	£0.72		
Yogurt Raisins	250g	£1.44		
Tropical Mix (contains nuts)	30gm	£0.25		
Papaya Chunks	50gm	£0.25		
Pineapple Chunks	50gm	£0.25		
Yogurt Strawberries	25g	£0.35		
Yogurt Raspberries	25g	£0.35		
Yogurt Cranberries	25g	£0.35		
Yogurt Blackcurrants	25g	£0.35		